

Probation and Parole Case Management Pilot Outcomes

August-December 2020

Substance Abuse CONNECT Strategic Plan | Strategy 2 : Activity 10

Overview

Need

Exponential increase in methamphetamine use among probationers and parolees in Billings since 2010.

Goal

To decrease methamphetamine related relapse and recidivism for Region IV Probationers and Parolees

Assumptions

Relapse and recidivism will decrease if:
 1) Contact hours spent with a case manager increase and/or:
 2) The number of probationers and parolees connected to treatment and other services increases.

Program Design

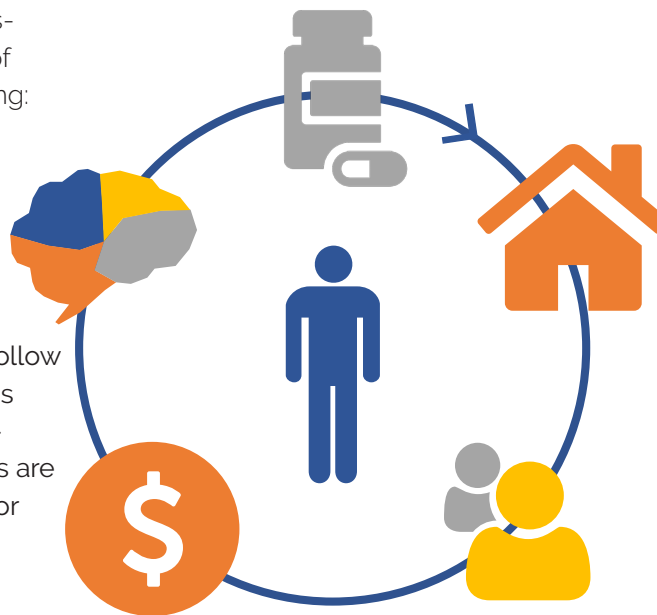


- Open to any of the ~2500 P&P clients in need of behavioral health support
- Easy to use referral pathway created
- Short and long term outcome measures defined and data collection procedures established
- Case worker supervised by Rimrock staff
- Case worker and P&P officers met regularly to assess procedures and review data

Individuals referred to the program receive a standardized assessment and referral to a range of community resources including:

- Substance use treatment
- Mental health services
- Peer Support
- Housing
- Employment
- Entitlements

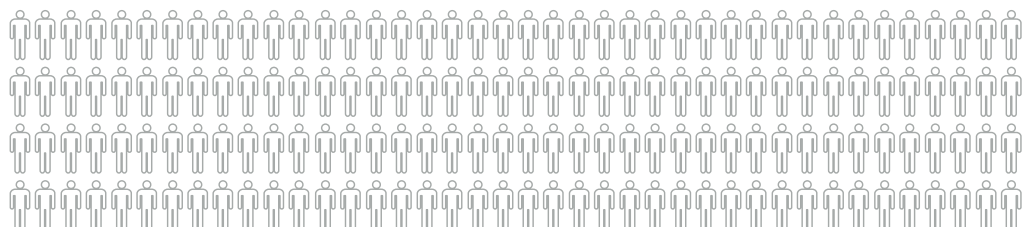
Case managers continue to follow up and track clients as long as necessary. Daily Living Activities-20 (DLA-20) Assessments are administered every 30 days for active clients.



Rimrock is also working with GoMo Health to develop a phone application for clients in the program. The app will provide personalized content to bolster engagement including court reminders, tips for coping, support in the evenings and weekends and individualized care messages. Clients can also designate a support person to use the app. The client's support person will receive reminders and tips on how best to support the client through treatment and recovery.



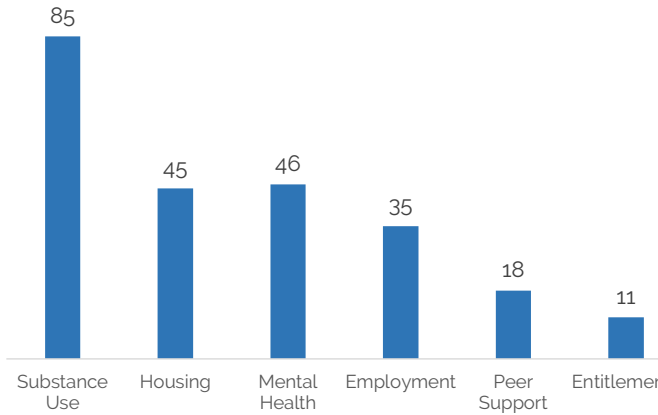
From August to December, 160 individuals were referred to case management through this pilot project



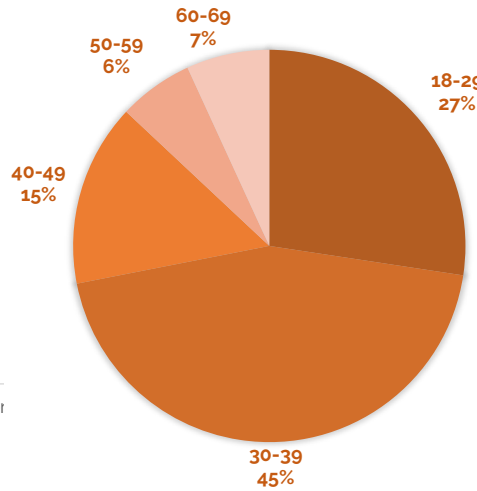
This project was funded by a grant from the Rocky Mountain High Intensity Drug Trafficking Area Task Force, provided to CONNECT by the Billings Police Department. For more information about this project contact Kristin Lundgren at klundgren@rimrock.org

Pilot Project Outcomes - August through December 2020

Primary reason for referral



Age of participants



The most common reason for referral to the program was substance use, however more than half of all participants were referred for other issues including mental health, housing or employment. Three out of four participants were under the age of 40.

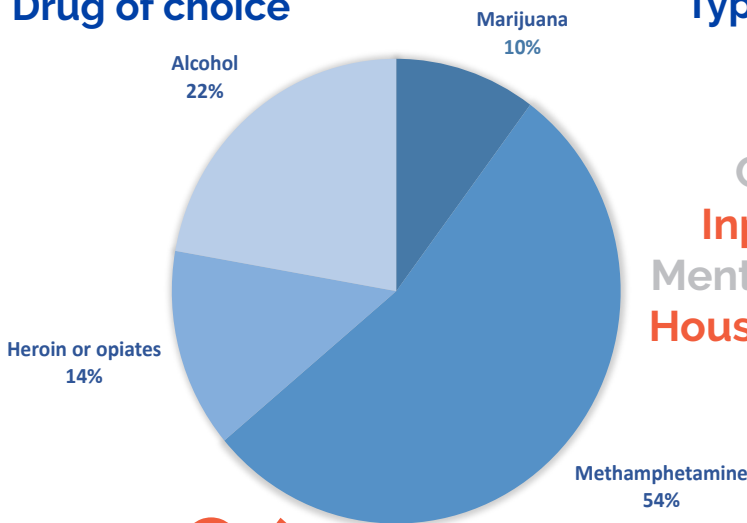
89%

of all referrals to the pilot program had at least one contact with the Rimrock case manager

125

total referrals for participants in the first four months of the program.

Drug of choice



Types of referrals made

Medicaid - Detox - Sober Living
 Chemical Dependency Evaluation
Inpatient Treatment - Peer Support
 Mental Health Services - Employment
Housing - Domestic Violence Services

20%

reduction in the unemployment rate for the co-hort receiving referrals to the program

44%

Program participants with no violations during the project period

64%

of program participants had no positive drug tests

81%

Program participants with no re-arrests

Sustaining the program

This pilot project proved that Region IV Probation and Parole clients benefit from case management and referral through Rimrock. Because case management services are billable, we can sustain this project as long as we continue to strengthen our referral pathway. Outcomes will continue to be monitored to evaluate efficacy and implement continuous quality improvement. Our next outcomes report will be available July 2021.